

Dance Programs by Age Groups

| Level Age of Dancer | Dance Programs | | | | | | |
|--|--|------------------------------|-----------------------------|---------------------------------|------------------------------------|-----------------|----------------------------------|
| | Ballet | Acro | Jazz (Lyrical) | Hip Hop | Contemporary | Musical Theatre | Pointe |
| Pre-school Ages 3 & 4 | Little Steps & Acro | | | | | | |
| Mini Ages 5-7 | Mini Ballet | Mini Acro | Mini Jazz | Mini Hip Hop | | | |
| Junior Ages 8-10 | Junior Ballet | | Junior Jazz | | | Musical Theatre | |
| | RAD Grade 3 Ballet <small>Must have passed RAD Grade 2 Examination</small> | | | | | | |
| Junior & Intermediate Ages 8-11+ | | Junior & Intermediate Acro | | Junior & Intermediate Hip Hop | Junior & Intermediate Contemporary | | |
| Intermediate Ages 11+ | | | Intermediate Jazz (Lyrical) | | | Musical Theatre | |
| Intermediate & Advanced Ages 11+ | RAD Intermediate Foundation Ballet & Pointe <small>Must have passed RAD Grade 5 Examination</small> | Intermediate & Advanced Acro | | Intermediate & Advanced Hip Hop | | | Included in Ballet Dance Program |
| Advanced Ages 11+ | RAD Advanced 1&2 Ballet & Pointe <small>Must have previous RAD Advanced 1 Training</small> | | Advanced Jazz (Lyrical) | | Advanced Contemporary | Musical Theatre | Included in Ballet Dance Program |